

You don't have to...

...play with me

...agree with me

...or even like me

...but you do have to respect me!

**Bullying is never
acceptable.**

It's not a normal part of growing up.

If you have a role to play in the lives of children and young people and have concerns about bullying, respectme is here to provide you with practical advice and guidance.

T: 0844 800 8600

E: enquire@respectme.org.uk

Text: 'respect' plus message to 60066

If you are being bullied, you can call the bullying line on 0800441111



respectme
Scotland's Anti-Bullying Service

www.respectme.org.uk