

Listening Carousel Activity

Primary or Early Secondary Activity

In this Listening Carousel, learners move from one activity to another in groups of (ideally) 5 - 6 learners. We recommend approximately 10 minutes per activity.

Activity One: Kind Hands

You will need

- Enough paper for all learners – you may wish to use coloured paper
- Pencils/pens
- Scissors
- A list of kind adjectives (optional)

What to do

1: Introduce the activity to your class or group by asking ‘How does it feel to have kind words said about you?’ then ‘How does it feel to have unkind words said about you?’

Although this isn’t always the case, you could explain that there is often a kinder way of looking at unkind words. E.g. ‘shouty’ could mean ‘enthusiastic’ or ‘excited’, and the term ‘bossy’ could be referring to ‘having good ideas’ or ‘likes being a leader’.

2: Ask all learners to draw an outline of their hand on a sheet of paper, and to write their name in the middle of the palm.

3: Option 1: Taking it in turns, learners should go around their group, describing each of the other members using one kind word. Learners should record the kind words said about them by writing each one in a different finger space of their hand.

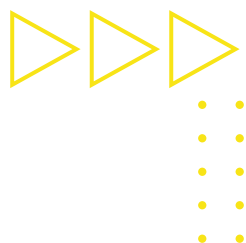
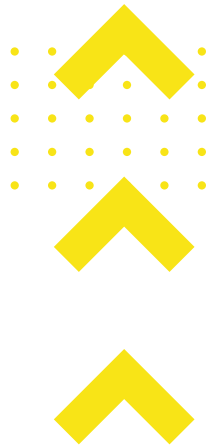
OR

Option 2: Each group should identify someone to go first (asking the group to go in alphabetical order may help). All other members of the group will then use one kind word to describe that person. When one learner’s ‘hand’ is complete, move on to the next learner.

Want to make it easier? Provide each group with a list of adjectives to help with the activity.

Want to add an extra step? Ask learners to share a reason for their chosen adjective. E.g. ‘I think you are kind because of the time you asked me if I was ok when I fell over.’

4: Once everyone’s hand is full of kind words, the learners (or you) can cut them out and display them in class, stick them to jotters, or take them home.



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Activity 2: Listening Ears

This activity encourages learners to listen carefully to one another.

You will need

- Both of the 'Listen Up! (Respect our Rights)' Listening Ears templates, available from the 'Listen Up! (Respect our Rights)' campaign hub online at respectme.org.uk/listenup
- Glue/sticky tape
- Scissors
- Extra card paper to make a headband

What to do

1. Print, photocopy, and cut out enough 'Listening Ears' templates for the whole group. We have included two templates for use.
2. Encourage learners to choose a template and decorate. Learners may want to draw alternative ears i.e. another animal.
3. If the headband template is too small (depending on print size) ask learners to measure their own head circumference with a strip of paper or card. Once measured, cut out, tape or staple to fit.
4. Ensure that the 'Listening Ears' template is glued to the sized headband - both ears positioned either side of the headband.
5. Ask learners to work with a partner, sharing **either**:
 - a time they have been kind to someone else
 - a time someone has been kind to them
 - a film they have watched about kindness
 - OR a book they have read about kindness
6. Partners should listen carefully before recounting the learner's story to the rest of the class. The learner who told the story then confirms whether this is an accurate account of the story, or if they need to make any corrections or clarifications.
7. This activity can be spread out over the course of Anti-Bullying Week, so the class hears five or six stories per day – a full class of stories in one session could be a little time-consuming.

Remember to share your involvement in the 'Listen Up! (Respect our Rights)' campaign by taking photos of the activity (with all permissions secured). If you have the correct permissions, we would love to see photos of the young people wearing their 'Listening Ears' on social media. Remember to tag us @_respectme_ and include #AntiBullyingWeek and #ImListening in your post.



ANTI-BULLYING WEEK

Monday 13 to Friday 17 November 2023

Listening Carousel Activity

Activity 3: Tree of Kindness

This activity provides a visual display of kindness and appreciation for each learner in your class or group.

You will need

- An area where you can display the tree (this may be a white board or area of classroom wall or hallway).
- Printed copies of our 'Listen Up! (Respect our Rights)' Leaf template', available to download from our campaign hub at respectme.org.uk/listenup.
- Scissors.
- Materials for decorating the leaves in autumn colours.

Before you begin

- Print and cut out a copy of our 'Leaf template' for each learner.
- Ask learners to partner up.

What to do

Draw a basic outline of a tree trunk with some branches on your class or group display. The size depends on your available wall space. There should be enough space for all learners to add a leaf.

Each learner should then complete a leaf for their partner, using the following outline:

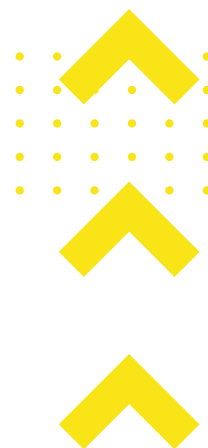
- I like [name] because
- [name] is i.e.....(kind/ helpful/ funny etc.)
- [name] is a special person in our class because

Once their leaf is completed, learners can decorate it (we recommend using autumnal colours)

Once learners are happy with their leaf, they (or you) can add to the tree.

Activity 4: Bunting Activity

Please see our Bunting Activity Sheet and Bunting Template on our website. This activity could work as a lovely addition to your carousel.





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Activity 5: Hopes and Dreams Activity

This activity encourages thoughtful reflection and empathetic listening for younger children.

You will need:

- Paper for all learners
- Materials to draw pictures

What to do

Ask learners to partner up.

Looking at the statements below, learners should ask their partner questions, listening carefully to their answers.

1. The 'listening' learners should write down the following statements on a sheet of paper, filling in the blanks about their partner. Once one partner is finished, learners should swap so both complete the listening and writing part of the activity.

- My partner's name is.....
- My partner is years old
- is good at
- enjoys doing or playing.....
-’s favourite time is when.....
-would like to get better at.....
- , would like to be a(n)when [name] is older
-favourite way to be kind is to.....
-likes when.....is kind to them
-[name] favourite way for people to be kind is when they

2. Once the statements are complete, ask the learners to draw a kind picture of their partner including some of their favourite things beside the statements.

