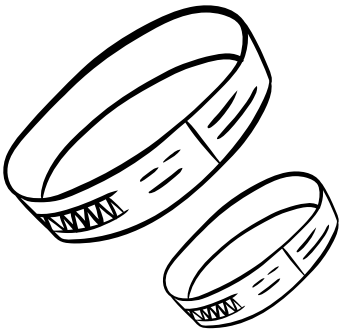


Anti-Bullying Week 2025
10-14 November

WRISTBAND MAKING TEMPLATE

What you need

- Wristband templates examples (see below)
- Blank, durable paper that can easily bend to form the wristbands
- Scissors
- Materials for colouring in and decorating – the more creative the better!
- Sticky tape



Get Crafting

Step 1: Using the durable paper, cut strips wide enough (1/2" width) to draw on and long enough (around 7 inches) to wrap around learners' wrists – adding 2-3 centimetres to account for overlap when attached.

Step 2: Once you have enough paper strips, invite each learner to design their own respectme wristband for Anti-Bullying Week. On one end of their paper strip, learners should leave 2-3 centimetres blank to allow the wristband to overlap when attached.

Step 3: Allow time for any paint and/or glue on the wristbands to dry.

Step 4: Help each learner to attach their new wristband with tape.

Step 5: Finally, share your groups designs on social media and tag us in! We would love to see the wristbands you create.

