

Recording Bullying Template for Parents & Carers

This template will help you gather information (with your child's permission) about any bullying behaviour that has happened to them either in/out of school or online, that is having a negative impact on them. This could be things such as name-calling, spreading rumours/lies and sharing posts that are hurtful. The aim is to help you start a solution-focused conversation and develop an action plan with your child's school/relevant organisation in order to support their wellbeing.

Name

Class

Date

What happened?

Where?

When?

Who was involved?

How did it make you feel?

What have you done so far?

How are you feeling right now?

What would make things better?